

Artistic

No 30 August 2016

Dear members and friends of Artistic Dance.

It is such a joy to prepare this August 2016 edition of our WADF Artistic Dance News.

Earlier in May we had a bumper event with WADF World and European Championships presented by Michal Milewski, Marek Sienkiewicz, Roman Filus and Agneszka Sliwinska in Plock, Poland.

On the programme were the 2016 Popping, Locking and House World Championships from the Urban Street and Pod Dance Department and the 2016 Teams and Showcase European **Championships from the Stage Dance Department.**

This event received and enthusiastic response of 3454 enrollments from 55 members which resulted in the event having to be run in two separate halls close to each other to that all competitions could be held under our WADF rules. This truly amazing event was extremely well managed by the organizers under the last minute circumstances. The high quality performances made it all worthwhile for the organizers, which everyone present will remember for a long time to come, especially the exceptional "Master Showcase" of 81 dancers.

The following month the WADF was present in Haskovo, Bulgaria and Amsterdam, Netherlands.

On 10th-12th June the Executive Secretary and I had the pleasure of visiting the 10th MAGIC WORLD International Dance Festival in Haskovo presented by Milena Nalbantova and her husband Rosen Bojen. This was a WADF "Recommended Event" run under its own rules, during which 7 new WADF Adjudicators were examined.

The 2016 WADF West European Championships were presented by Frank and Romy de Vos, in the Stage and Street dances with a mixture of other disciplines. Our Vice-President, Guido de Smet, conducted a WADF International Adjudicator Seminar from which 14 new WADF Adjudicators were successfully examined.

The next highlight in the WADF Calendar is coming up in Trondheim, Norway, where the 2016 WADF World Salsa Rueda Championships will be held presented by SALSANOR in conjunction with their Rueda Congress. This will be a spectactular event.

Nils-Håkan Carlzon **President WADF**



2016 WADF European Stage Dance Department Championships Plock, Poland 6th/7th May





2016 MAGIC WORLD International Dance Festival Haskovo, Bulgaria, 10th-12th June.





ABC... the easy way to joyful dancing! Keep your mind and body happy and healthy!

The WADF Academy is proud to announce that the ABC-system is online and ready to be downloaded from the website. There will be possibilities for interested teachers to be Certified as WADF Academy ABC Dance instructors specialised in teaching this system. It is scientifically proven that dancing as a physical activity, social connections between people and using the brain to achieve to learn and to find solutions on different problems is very helpful to fight Parkinssons and Alzheimers amongst other serious illness. The ABC-system fullfills all those criterias.

The ABC-system is a well tried out system teaching people to dance in an easy and natural way. It's been developed over more than 50 years and is easy to learn and can be practiced for Solo dancing or for dancing as a couple. It works for all agegroups and is wonderful especially for elderly people.

The system works for all dances. You learn figure A and can repeat that figure as long as you want. You learn figure B and can alterate between the two figures in any order. You learn figure C and can alterate between the three figures in any order. You can dance the Man's step Solo or the Ladies step Solo or together with a partner. All figures take very little space and are especially design to work in a living room, in an hallway or of course at a larger floor together with other dancers dancing Solo or together with a partner. Because of its stationary format there are no alignments given. All figures can start in any direction. It's great fun for pleasing the mind and is keeping the body in good shape!

In order to understand how to learn the figures you must know the meaning of the abrevations and here is the key.

S Slow Q Quick
R Right L Left
RF Right foot LF Left foot

Fwd Forward Bwd Backward Diag Diagonal

To explaine how to think in regards to the amount of turn you could think of a clock and where ever you start, you are always facing 12 o'clock. If you turn to face 1.30 you have turned 1/8 of a turn to Right and if you continue turn to face 3 o'clock you have turned 1/4 of a turn to Right. If you start facing 12 o'clock again and turn to 10.30 you have turned 1/8 to Left and if you continue to face 9 o'clock you have turned 1/4 of a turn to Left.

The ABC - system includes the following dances:

Rythm Foxtrot (Medium or quick tempo)

Slow Waltz (Slow tempo)

Slow Foxtrot (Slow tempo)

Wedding Waltz (Medium or quick tempo)

Tango

Cha-cha-cha

Samba

Rumba

Swing dance

Please cut and pace this link to see the figures;

http://www.worldartdance.com/activities/academy/abc/

New examined WADF International Championships Adjudicators

Rosen Bojilov Bulgaria Valentina Savova Bulgaria Stoyanka Nikolova Bulgaria Milena Petrova Georgieva Bulgaria Petranka Milusheva Bulgaria Boleslava Teneva Bulgaria Alla Angelova Bulgaria

Mar Ekkart Belgium Jean-Pierre De Pelsmacker Belgium Sandy Schaep Belgium Arend Vandevelde Belgium Dimitrios Tsakiris Greece Alexandros Fykias Greece Nikolaos Cheilaris Greece

Mars Bentum Holland Erik van Haperen Holland Kees Goedegebuur Holland

Chariklia Odysseos Cyprus Kiki Mattheiou Cyprus Michailis Kattos Cyprus

Dance Challenge, Rustenburg South Africa

Antoinette van Wyk.Reid and Adriaan Steyn presented the 2016 Dance Challenge on 29th/30th July in Rustenburg, South Africa. Interest in the WADF is growing rapidly. The system that has developed in South Africa is more of a "Festival Awarding" event than an event with competitions. However Antoinette and Adriaan have announced that they will be running an event, with competitions later this year, run fully under WADF Rules.

Our Master Instructor Sylvestor Sefotlhelo will be involved to ensure that everything will be done according to our WADF Rules. Sylvester was one of our official Adjudicators in Moscow at our WADF European Championships earlier this year and is familiar with the format of our WADF events.

We wish the organizers, in South Africa, all the very best with the WADF event and will offer full support when and where we can.

Announcement

Due to the expected increase in enrolments for the 2016 WADF World Championships, in Liberec, Czech Republic, this year, the organizers have made the decision to add one more day to the event. This will mean that the 2016 WADF Annual General Assembley will be held one day earlier than normal.

2016 WADF AGA will be held on Monday 21st November, Hotel Babylon, Liberec, Czech Republic.

Registration will start at 18:00.



2016 WADF West European Championships, Amsterdam, Netherlands, 24th – 26th June.







WADF Rueda de Casino | 28 World Championship | 38



1-2 Sep 2016 in Trondheim, NO

ruedaworldchamp.com

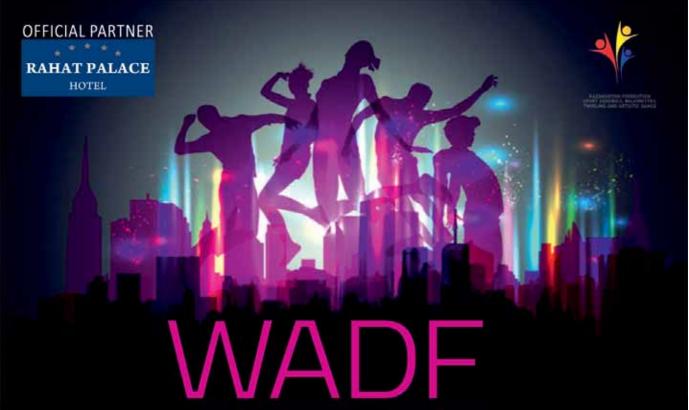
hosted by SalsaNor's Rueda Congress 2016 - ruedacongress.com











2016 II EURO & ASIA ARTISTIC DANCE OPEN CHAMPIONSHIP

- Tap Dance - Ethno Dance

- Belly Dance

- Jazz Dance

Synchronised Dance
Artistic Acrobatic Dance
Contemporamy Dance
Artistic Cheerleading
- Artistic Dance -

Urban Pop Dance -Urban Street Dance -Pom Pom Dance -Solo Dance -

11-12 NOVEMBER 2016 WWW.KAZDANCE.KZ





































